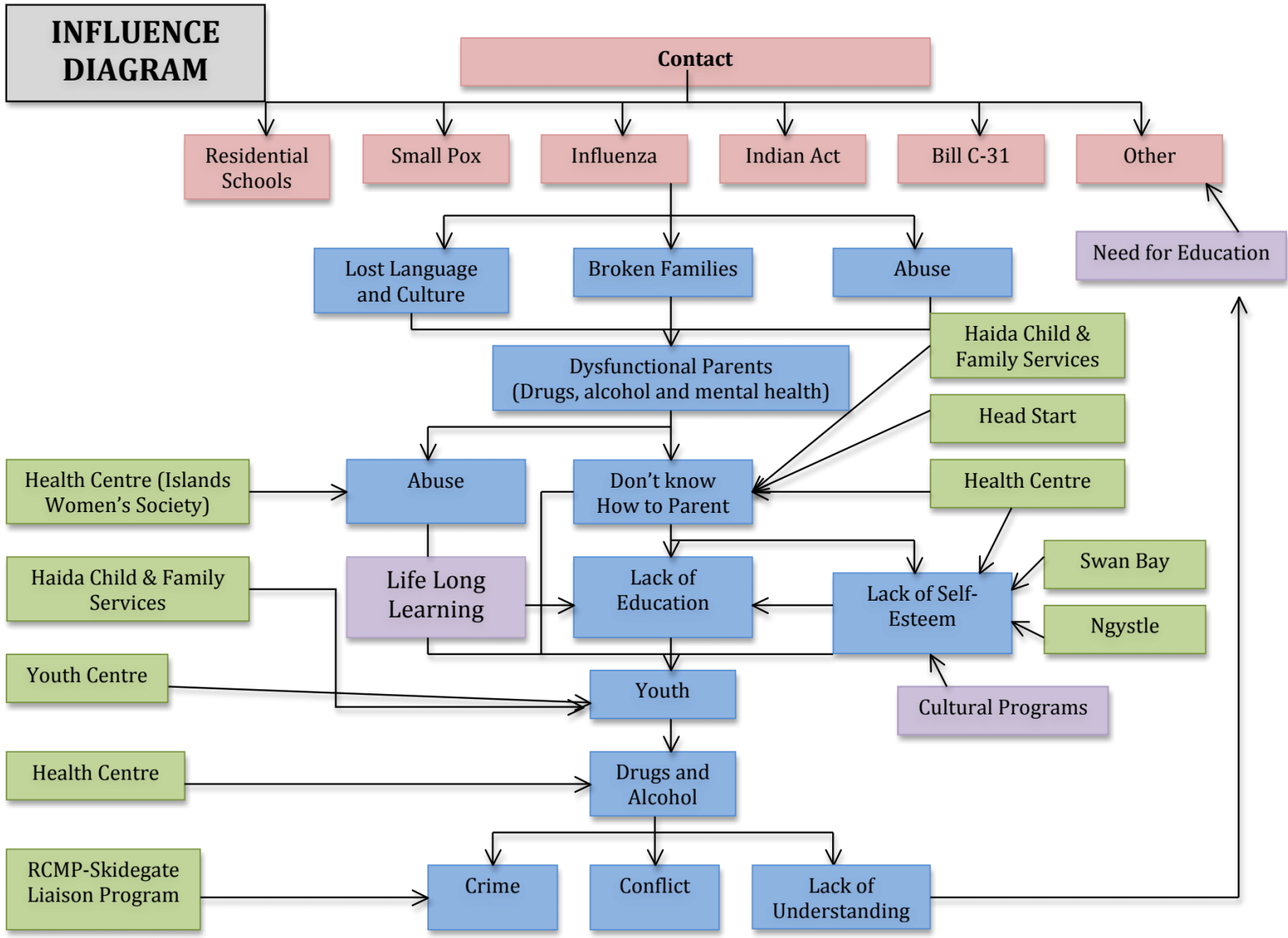


INFLUENCE MODEL & WELLNESS CENTRED PLANNING

AGENDA

Introductions
Collective Agreement
Presentation
Question and Answers



Negative impacts of contact
 Issues affecting Skidegate
 Existing supporting programs
 Potential actions

Best Practices:

- Allowing space for participants to contribute from their strengths and ways of knowing and being.
- Communicating and asking questions that engage differing and opposing perspectives.
- Setting protocols in place on how we will gather and listen to each other.
- Welcoming all experiences, perspectives and thoughts, bringing them together in a way that moves the whole group forward.
- Promoting well-being, validation, freedom, and inclusion in the design and delivery of our process.
- Encouraging participants to share in ways that honour their process. We promote journaling and provide time and space to contribute additional input up to four days following the end of the session.

- Weaving awareness and interconnectedness into our opening and closing comments and encouraging participants to reflect on how their cultural teachings can guide us all.
- Relying on Elders, Knowledge Keepers, advisors and experts to help design questions which meet participants where they are at, and ensure that our questions, content and graphic material are appropriate and inclusive.
- Communicating well ahead of events so participants feel prepared and know what to expect.
- Ensuring appropriate time for check-ins and/or closing comments so that participants can reflect on their emotional state and share important ideas that may not be captured during more formal activities.
- Encouraging movement, breaks, and grounding techniques to address trauma should it arise.